



INDIAN SOCIETY OF ONCOLOGY

E-NEWSLETTER

SEPTEMBER 2024



www.indiansocietyofoncology.com



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**INDIAN SOCIETY
OF ONCOLOGY**

E-NEWSLETTER

SEPTEMBER 2024



INDIAN SOCIETY OF ONCOLOGY

Wish you a

HAPPY
Diwali

From:

**INDIAN SOCIETY OF ONCOLOGY
TEAM**



Welcome ISO Members



Dr. Rajendra Toprani

President - Indian Society of Oncology

Email: rajendratoprani@hotmail.com

Phone: +91-9898213214

Message from President

Dear Colleagues,

As President of the Indian Society of Oncology (ISO), it is my privilege to address you through this newsletter.

The field of oncology is rapidly evolving, and with it, our role as clinicians, researchers, and healthcare providers is becoming increasingly crucial. ISO remains committed to advancing cancer care in India through education, research, and collaboration. Our collective efforts are making strides in early detection, treatment, and survivorship care, while fostering innovative research that bridges global advancements with our unique regional challenges.

I encourage each one of you to actively participate in our upcoming events and initiatives, as they are platforms to exchange knowledge, inspire one another, and ultimately, improve patient outcomes. Together, we can continue to elevate the standards of oncology care in India and make a significant impact on the lives of those we serve.

We have participated & supported MOH initiatives against NCD & anti tobacco campaigns.

We have experienced good scientific meetings at Delhi & Calicut organised by Dr. Sumant & Dr. Warriar respectively.

We have also started CMEs at Medical colleges focussing on PGs to create awareness about advances in Oncology.

I am looking forward to our academic initiatives (Virtual MDT) mainly focussed on trainees & young practitioners starting from this month initiated by our young EC members - Dr. Sabita, Dr. Sumant & Dr. Samir.

I sincerely urge all to encourage your colleagues / trainees to take up ISO membership to further strengthen our society.

Wishing you all a Happy & Prosperous New Year in advance.

With warm regards,

Dr. Rajendra Toprani

President, Indian Society of Oncology

Welcome ISO Members



Dr. Arvind Krishnamurthy

MS (Gen Surg), MCh (Surg Onco) DNB (Surg Onco)
Professor, Surgical Oncology Cancer Institute (WIA)
Adyar, Chennai.

Message from Secretary

Dear ISO Member

After the phenomenal academic success of the Indian Cancer Congress 2023, it was time for the Indian Society of Oncology (ISO) to welcome the New Year 2024 with more than 100 new members, the overall strength of the ISO now stands at over 2820 members.

Following this the ISO was involved in the conduct of the hugely successful ISO MVRCON 2024 in Calicut from August 30 to September 1st 2024, under the Chairmanship of Dr. Narayanakutty Warriar. The conference attracted more than 1450 registrations. The ISO was happy to give away more than 10 awards to the Residents who presented the Best Papers, Posters and Critically acclaimed papers.

The ISO in a historic collaboration with 13 other National Societies, spearheaded by the Association of Physicians of India (API) helped develop the "Indian Consensus Guideline on Adult Immunization". The complexities of healthcare in India coupled with the increasing geriatric population, necessitates a proactive approach to adult immunization. The guideline delves into the specifics of each available adult vaccine, offering insights and providing a unified voice amid the existing plethora of guidelines.

The ISO is also actively engaging with the Ministry of Health and Family Welfare, Government of India to promote wellness and good health in an effort to combat the growing challenge of non-communicable diseases especially cancer. By being a full-time member of the UICC, the ISO is dedicated to unite and support the cancer community in an effort to reduce the global cancer burden.

In the near future, the ISO is planning to have interactive multi-disciplinary Virtual Tumor Boards in the 3rd week of Wednesday. These Boards are expected to discuss real world complex cancer cases which would aid the treating oncologists sharpen their clinical acumen. Additionally, the ISO wishes to conduct multiple Cancer Education CMEs in Medical Colleges across the country targeting the young medical graduates to create awareness about the tenets of cancer prevention, diagnosis and personalized management by promoting a multi-disciplinary approach to cancer care and cancer control.

The next National Conference of ISMPO-ISO 2025 is expected to be held in Jaipur in the third quarter of 2025, further details would follow.

Finally, I wish to thank the Office Bearers of the ISO, the President, Dr. Rajendra Toprani, the Past President Dr. Ramesh Billimaga, Treasurer ISO, Dr. Tanveer Majid, Joint Secretary ISO, Sumant Gupta, the other members of the EC, ISO and the ISO Back Office led by Mr. Rajesh Sharma and team for their guidance and support in ensuring the smooth conduct of the operations of the Indian Society of Oncology. With the assistance and support of the Executive Committee and all its members, I have no doubt that the ISO will continue to grow from strength to strength towards achieving its larger vision and mission.

Thank you
Warm Regards

Dr. Arvind Krishnamurthy

Secretary, Indian Society of Oncology



Office Bearers - ISO

Meet our new office Bearers



Dr. Rajendra Toprani
President



Dr. Arvind Krishnamurthy
Secretary



Dr. Sumant Gupta
Joint Secretary



Dr. Tanveer A Majeed
Treasurer



Dr. Ramesh S. Bilimagga
Immediate President (Elect.)



Dr. Hemant Malhotra
President (Elect.)

Executive Committee Member



Dr. M Vijaya Kumar
Mangalore



Dr. Richa Chauhan
Patna



Dr. Narayanankutty Warriar
Calicut



Dr. Damodar Gupta
Delhi



Dr. Purvish Parikh
Jaipur



Dr. Samir Batham
Ahmedabad

Co-Opted Member



Dr. Sabita Jiwnani
Mumbai

Welcome Editorial

Editorial message



Dr. Sumant Gupta, Delhi

Editor - ISO Newsletter

Dear members

Greetings from the Editorial Team

The **year 2024** has been scientifically loaded with two major conferences organized by ISO. **The first** was the "**Oncology Conundrums: Navigating Complex Clinical Scenarios**", It had over 500s of physical participants, and 2000 people joining in digitally.

The second was our annual conference of **ISO - MVR CANCON 2024** which was held at Kozhikode, which was an astounding success with loads of international faculty and practically the whole of Indian Oncology fraternity standing alongside

This year ISO also started its social media pages with presence on **Facebook LinkedIn, Instagram & X (Twitter)**.

Under the dynamic leadership of our president and honorary secretary.

Indian Society of Oncology has created a lot of social events also which are enlisted in the newsletter attached

So happy, reading and a very joyous festive season to everyone

Editorial Board

Editor

Dr. Sumant Gupta

Members



Dr. Richa Chauhan



Dr. Tanveer A. Majeed



Dr. Damodar Gupta

Write-up



Dr. Samir Batham

Senior Consultant

Department of Radiation Oncology

HCG Cancer Centre, Ahmedabad (Gujarat), India

Cancer Education CME at Dr. M.K. Shah Medical College and Research Centre and Smt. S.M.S. Multispeciality Hospital, Ahmedabad in Association with Indian Society of Oncology* On 14th September 2024.

Dr. M.K. Shah Medical College organized a Continuing Medical Education on cancer education in collaboration with the Indian Society of Oncology (ISO). The event was aimed at enhancing the knowledge base of medical students, faculties and healthcare professionals on the latest developments in oncology, fostering deeper understanding of cancer prevention, diagnosis, and treatment, and promoting an interdisciplinary approach to cancer care. The CME was inaugurated by Dr. M M Prabhakar Medical Superintendent, Dr. A T Leuva Dean Dr. Chaitri Shah Additional Superintendent, Dr. G H Rathod Head of the Department General Surgery and Dr. Rajendra Toprani, President ISO, who highlighted the importance of continuous learning in the fast-evolving field of oncology. With cancer incidence on the rise globally and in India, the need for up-to-date knowledge and skills among medical professionals has become more pressing than ever. Leading oncologists, surgeons, and researchers from across the city of Ahmedabad including Dr. Samir Batham an executive committee member of ISO addressed the gathering. The speakers covered a wide range of topics, Dr. Dhruw Patel (Surgical Oncologist) spoke on Recent Advancements in Ovarian Cancers management, Dr. Daxesh Patel (Head and Neck Surgical Oncologist) spoke on Salivary gland tumours, Dr. Rajendra Toprani delivered a lecture on approach to solitary thyroid nodule, Dr. Bharat Prajapati (GI Surgeon) spoke on minimal access surgery in colorectal cancers, Dr. Sanket Patel (Surgical Oncologist) presented how to deal with malignant breast lump and Dr. Ekta Vala Chandarana (Medical Oncologist) spoke on recent advances in breast cancer treatment and Dr. Samir Batham discussed role of radiation therapy in solid tumors. Other topics included molecular oncology, immunotherapy and precision medicine. Importance of early detection and screening programs were highlighted and emphasised, especially for high-burden cancers in India such as breast, cervical,

Write-up

and oral cancers. Discussions revolved around the integration of these programs into primary care settings and the role of public health initiatives in reducing cancer morbidity and mortality. The participants were updated on new treatment modalities, including targeted therapies, novel chemotherapeutic agents, and radiation therapy techniques. A special focus was given to personalized cancer treatments, including the role of genetic and molecular profiling in guiding therapy choices. Emphasis was placed on the collaborative nature of cancer treatment, where surgical oncologists, medical oncologists, radiation oncologists, radiologists, pathologists, and palliative care teams work together to ensure comprehensive care for patients. A panel discussion on managing complex cases showcased the benefits of this approach, highlighting case studies where interdisciplinary interventions improved patient outcomes. The CME concluded with a valedictory function, where Dr. Rajendra Toprani, reiterated the need for continuous collaboration between medical institutions and professional societies to combat the growing cancer burden in India. The success of the event was acknowledged by all participants. The event was attended by over 150 delegates and included faculties & residents from General Surgery, ENT, Gynec, Pathology & radiology departments. It served as a platform for knowledge exchange and professional development, and it reinforced the critical role of medical education in improving cancer care and patient outcomes. The collaborative efforts of Dr. M.K. Shah Medical College and the Indian Society of Oncology were appreciated, and plans for future CMEs on specialized



Write-up

#ConquerCancer



Dr. Sabita Jiwnani

Professor

Thoracic services at Department of Surgical Oncology
Tata Memorial Hospital, Parel, Mumbai

Harnessing Social Media by Medical Professional Societies

Social media has become an essential tool for medical societies and healthcare organizations to effectively engage diverse audiences across generations. Recently, a key focus of social media has been raising awareness about public health issues, such as cancer. While this is a noble endeavour, it can become a double-edged sword if utilized by dubious or non-certified individuals or organizations.

Recognizing this, the executive committee of the Indian Society of Oncology has decided to establish a social media presence in 2024.

The primary focus of social media in healthcare should be education, which provides us with a valuable opportunity to create meaningful and compelling content.

Here are several strategies to consider:

1. Publish Educational Content to Keep Patients Informed

Whether through blog posts, videos, or health tips, sharing bite-sized, accessible information is essential for keeping our followers engaged and informed.

2. Inspire and Motivate with Uplifting Content

Social media in healthcare doesn't have to be purely educational. We work in a dynamic field that significantly impacts lives, and our accounts should reflect that vibrancy. By showcasing patient success stories, staff achievements, and other positive moments, we can inspire our audience and foster a sense of community.

3. Utilize Infographics for Enhanced Engagement

Infographics are a powerful tool in healthcare social media. They enable us to present complex information in an engaging and memorable format, making it easier for our audience to understand important topics.



Write-up

4. Leverage Health-Related Hashtags

Hashtags are a fundamental aspect of social media. By promoting our organizational hashtags alongside healthcare-specific tags (#CancerSucks), we can extend our content's reach and make it easier for followers to share and engage with our posts.

5. Offer Behind-the-Scenes Insights

Providing glimpses into our daily operations—whether for prospective patients, volunteers, or staff—can humanize our organization and deepen connections. These insights can significantly enhance audience engagement and foster a sense of trust.

6. Celebrate Patients with Shout-Outs

Highlighting patient experiences through testimonials and reviews is an effective way to showcase our impact. User-generated content provides an authentic view of how we are making a difference in our patients' lives.

While we strive to harness the power of social media effectively, it is imperative to prioritize patient confidentiality at all times.

Healthcare providers must meet their communities where they are—on social media. Thoughtful use of these platforms can help address some of the most significant challenges we face as an oncology community. Social media is where leading organizations connect with their communities, build their reputations, and establish themselves as local providers—and employers—of choice.

HIGHLIGHTS OF **ONCOLOGY CONUNDRUMS**



HIGHLIGHTS OF **ONCOLOGY CONUNDRUMS**





ONCOLOGY CONUNDRUMS

Oral paper presentation winners

Dr. Jenny Thomas - Gynae onco
Dr. Arkadipta Mukherjee - Uro Genital
Mr. Vijay C - Hematology and Pysycho oncology
Dr. Kajal Shah - Hematologic Malignancies and BMT
Dr. Jyoti Mehta - H&N
Dr. Shivam Amraik - Breast Cancer
Dr. Rahul Kumar - Breast Cancer
Dr. Banashree Bondhopadhyay - Breast Cancer
Dr. Shushant - RCC

Jodhpur
Delhi
Chennai
Pune
Ahmedabad
Madurai
Ludhiana
Delhi
Noida

O-Score Quiz Winner

Get the educational grant to attend



Dr. Shipra Gupta

Fortis Memorial Research Institute, Gurgaon



Oncology Conundrums video recordings

Day 1: Friday, 17th April 2024

Hall A: <https://youtube.com/live/7PIHyPQ-iF0?feature=share>

Day 2 - Saturday, 18th April 2024

Hall A: <https://youtube.com/live/pC2MzEVrTuY?feature=share>

Hall B: <https://youtube.com/live/i5PiYFyxDV0?feature=share>

Day 3 - Sunday, 19th April 2024

Hall A: <https://youtube.com/live/vdmTtalzCxw?feature=share>

Hall C: <https://youtube.com/live/89igmM-mQb8?feature=share>

My experience working with ISO during ISO MVR CANCON 2024



Dr. Narayanankutty Warriar

Medical Director & Senior Consultant , Medical Oncology
MVR Cancer Centre and Research Institute, Kozhikode, Kerala



CANCON 2024: A Grand Success

Kozhikode: MVR Cancer Centre and the Indian Society of Oncology (ISO) jointly organized the CANCON (Cancer Conference) 2024, an international seminar held from August 29 to September 1-2024 at MVR Cancer Centre and Research Institute, Calicut. The event served as a platform for discussions on advanced cancer treatments and various modern therapeutic approaches, bringing together international and national experts.

With over **330 speakers**, including **10 international delegates** and **700 national delegates**, the seminar was a significant gathering of oncological expertise.

Inauguration and Keynote Addresses

The formal inauguration of CANCON 2024 was conducted by **Padma Shri Dr. Ravi Kannan**, who emphasized the importance of social commitment in the medical field. Dr. Narayanankutty Warriar, Medical Director of MVR Cancer Centre, presided over the event, while Dr. Dileep Damodaran introduced the chief guest. The keynote address was delivered by **Dr. Rajendra Thopran**, President of the ISO.

Theme and Focus Areas

The theme for CANCON 2024 was **"Pushing the boundaries for cure."** This year's discussions mainly focused on how to treat patients with innovative therapeutic approaches, especially those who experience a recurrence of cancer after initial treatments.

Participation from International Experts

Specialists from **India, the USA, Europe, the UK, and Singapore** presented on various modern cancer therapies. Sessions included insights into **Immunotherapy, Targeted Therapy, Robotic Surgery, HIPEC (Hyperthermic Intraperitoneal Chemotherapy)**, and **SBRT (Stereotactic Body Radiation Therapy)**.

Advanced Treatment Discussions

A major focus was on **CAR-T cell therapy**, which has become more accessible and affordable in India, offering hope for patients with recurring blood cancers. Experts discussed the challenges in matching suitable donors for bone marrow transplants and innovative methods to improve treatment outcomes.

Workshops and Sessions

The conference included workshops on **Physiotherapy, Psycho-oncology**, and **Nutritional Oncology**, highlighting the holistic aspects of cancer care. With participation from over **150 research institutions**, CANCON 2024 attracted more than **1,000 experts**, making it a resounding success.

Summary

CANCON has evolved into a prominent international seminar for discussions on cutting-edge cancer treatments. The fifth edition of this event in 2024 concluded with great enthusiasm and success, leaving a lasting impact on the field of oncology.



Winners of ISO MVR CANCON 2024

Winners - Oral Presentation

1st Prize

Dr. Sithara Arvind

CLINICOPATHOLOGIC AND GERMLINE MUTATION PROFILES OF BILATERAL BREAST CANCER, AT A TERTIARY CANCER CENTRE IN NORTH KERALA

2nd Prize

Dr. Senthilkumar S

EXPLORING A PRESSURE SENSOR-DRIVEN DEEP BREATH HOLD DEVICE FOR LEFT-SIDE BREAST CANCER PATIENTS: AN INNOVATIVE DEVELOPMENT AND INVESTIGATION

3rd Prize

Dr. Adarsh Dharmarajan

OUTCOME OF PELVIC EXENTERATION FOR GYNAECOLOGICAL MALIGNANCY IN AN APEX CANCER CENTRE

Special mentioned Oral Paper presentation

Dr. Jeeva S

Dr. Prarabdh Singh

Dr. Jerin Paul Jacob. J

Basundhara Das

Dr. Deepika Sankaralingam

Winners - E-poster Presentation

1st Prize

Dr. Deepika Sankaralingam

RENAL EWINGS SARCOMA- The Halley's Comet of an Oncologist's practice

2nd Prize

Dr. P. Abhinaya

Clinicopathological features and outcomes of gist –a 7 year retrospective data from a tertiary care centre in south india

3rd Prize

Prof. Madan Kumar Arumugam

ANTI-ANGIOGENESIS EFFECT MONACOLIN-X TO INHIBIT BREAST CANCER GROWTH BY DOWN REGULATING VEGFR2 SIGNALING

Winners - ISO MVR Annual Quiz competition

1st Prize

Dr. Ruhi Kumar & Dr. Anand Praveen Kumar A

2nd Prize

Dr. Abhijith. P. B & Dr. Muthulingesh K

3rd Prize

Dr. Kingini Krishnan & Dr. Vishnu S Nai

HIGHLIGHTS OF ISO MVR CANCON 2024



HIGHLIGHTS OF ISO MVR CANCON 2024



HIGHLIGHTS OF ISO MVR CANCON 2024



HIGHLIGHTS OF ISO MVR CANCON 2024



HIGHLIGHTS OF ISO MVR CANCON 2024



Chief Guest

Dr. Ravi Kannan R

(Padma Shree Awardee)

Director, Cachar Cancer Centre and Research Institute
Silchar, Assam



Highlights of Social awareness activities by Indian Society of Oncology during month of September/October 2024

Breast cancer awareness activity in Jaipur by
Mahatma Gandhi University of Medical Sciences and Technology.



Highlights of Social awareness activities by Indian Society of Oncology during month of September/October 2024

"Walk for Hope | Run for a Cure"

on 6th October 2024, a Breast Cancer Awareness Walkathon and Run at HCG Aastha Cancer Centre, Ahmedabad!



Highlights of Social awareness activities by Indian Society of Oncology during month of September/October 2024

ISO CME at SMS Multispeciality Hospital and M K Shah Medical College, Ahmedabad



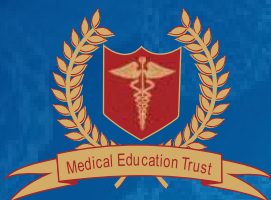
Highlights of Social awareness activities by Indian Society of Oncology during month of September/October 2024

Cancer awareness Session in association with Radio Manav Rachna, Faridabad.





Upcoming Conferences



ONCOLOGY CONUNDRUMS-2.0

Surfing through the major Advances of 2024

22nd December
2024 *New Delhi*

Venue: Tamarind Hall
India Habitat Centre
Lodhi Road, New Delhi.



Save The Date



Organizing Secretary

Dr. Sumant Gupta

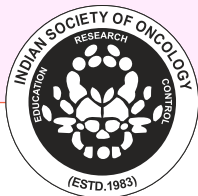
Senior Consultant Medical Oncology
/Hemato Oncology/ Bone Marrow Transplant
Director - Metro Cancer Institute
Metro Heart Institute with Multispeciality Hospital
Faridabad



www.miceideas.in/OncologyConundrums/



oncologyconundrums@gmail.com



31st October, 01st & 2nd November 2025

Theme: WINNING THE BATTLE AGAINST CANCER - FROM INSIGHTS TO IMPACT!

ISO



Dr. Rajendra Toprani
President
Indian Society of Oncology
Ahmedabad



Dr. Arvind Krishnamurthy
Secretary
Indian Society of Oncology
Chennai



Dr. Maheboob M. Basade
President
Indian Society of Medical
& Paediatric Oncology
Mumbai



Dr. Kumar Prabhash
Secretary
Indian Society of Medical
& Paediatric Oncology
Mumbai

ISMPO

Core Organization Team



Dr. Hemant Malhotra
Director, Oncology Services,
Sri Ram Cancer & Super-speciality Center &
Professor & Head, Dept. of Medical Oncology,
Mahatma Gandhi University of Medical Sciences and
Technology, Sitapura, Jaipur



Dr. Raj Govind Sharma
Prof & Head
Dept. of Surgical Oncology
Shri Ram Cancer Centre
Mahatma Gandhi Medical College Hospital
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Dr. Lalit Mohan Sharma
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& Medical College
Jaipur



Dr. Nitin Khunteta
Professor
Department of Surgical Oncology
Mahatma Gandhi Medical College
and Hospital
Jaipur



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Our Social Media

We are very happy to tell you all that now we are also available on various social media pages.

You can also know about the activities of ISO society through social media.

You can follow our social media pages by following links:



Facebook

Instagram



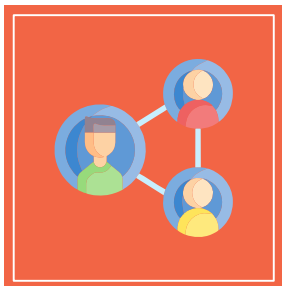
X (Twitter)

LinkedIn



Please feel free to share the ISO updates with your Students, colleagues and team members who would be interested to know about the ISO activities.





MEMBERS, LET'S CONNECT

HAVE YOU UPDATED YOUR MEMBERSHIP INFORMATION? PLEASE VISIT THE LINK AND FILL UP THE FORM SO THAT WE CAN ALL KNOW ABOUT YOUR UPDATED INFORMATION

EMAIL AT: HONSECRETARYISO@GMAIL.COM



DO YOU WISH TO SEND WRITE - UPS, ARTICLES AND PHOTOGRAPHS FOR NEWSLETTER? YOU CAN SHARE YOUR WRITE-UPS, IDEAS AND PHOTOGRAPH OF EVENTS BY SENDING EMAIL AT: HONSECRETARYISO@GMAIL.COM

Know more details visit our website
www.indiansocietyofoncology.com

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